

Meals at A-Zoo Nursery

All of our meals are cooked on the premises from fresh ingredient, and we serve as many fresh fruits and vegetables as possible. We do not use salt in any of our dishes.

Breakfast is served each morning between 8-8:45am. The children will always have a choice between wholegrain cereals, or toast with butter and/or jam. Milk and warm tea is prepared for your child to choose.

Snack is served AM and PM for all children in the nursery, and is available for one hour in Lion Cubs and Wise Owls (between 2-3pm), allowing the children to make choices, and promoting independence by self-serving. Fresh fruit is served each day for a snack, and other snacks include, toasted tea cakes, low fat fruit yoghurt, crumpets

A variety of tea's are served each day at 5pm which is always followed by a selection of fresh fruit.

Fresh drinking water is constantly available for each child at any time throughout the day, via drinks bottles for the under 2's, and water fountains for children aged 2+ to help themselves.

Our menu rotates over a four week period, so whatever day your child attends they will have the opportunity to enjoy a wide variety of healthy foods. Fresh water is served with each meal. We can cater for all dietary requirements. Please see daily menu's displayed in entrance each day, and ask for recipe details should you wish.

	Week 1	Week 2	Week 3	Week 4
Monday	Dinner-Sausage Casserole served with mash and mixed veg Pudding-Banana and custard Tea-Tomato soup and crusty roll	Dinner-Fish fingers, smileys and beans Pudding-Ice cream Tea-Ravioli and toast	Dinner-Chicken korma and rice Pudding-Gingerbread person Tea-Beans and/or cheese on toast	Dinner-Cottage pie with mixed veg Pudding- Chocolate brownies Tea-Tomato soup and crusty roll
Tuesday	Dinner-Chicken korma and rice Pudding-Artic roll Tea-Beans and/or cheese on toast	Dinner-Beef stew and dumplings Pudding-Gingerbread person Tea-Crackers with choice of toppings	Dinner-Vegetable past bake and crusty bread Pudding-Rice pud' Tea-Tortilla wraps with choice of fillings	Dinner-Tuna past bake with side salad and crusty roll Pudding-Jelly and ice cream Tea-Crumpets with choice of toppings
Wednesday	Dinner-Cottage pie with mixed veg Pudding-Chocolate brownie Tea-Sausage and/or cheese rolls with crispy nibbles	Dinner-Spaghetti Bolognese and garlic bread Pudding-Sponge cake and custard Tea-Pizza with side salad	Dinner-Mince and onion pie with mash and mixed vegetables Pudding-Ice cream Tea-Ravioli and toast	Dinner-100% Beef burger, mash and mixed veg Pudding-Gingerbread person Tea-Sausage and/or cheese rolls with crispy nibbles
Thursday	Dinner-Jacket potato with selection of toppings Pudding-Jelly and ice cream Tea-Crumpets with choice of toppings	Dinner-Cornbeef hash Pudding-Chocolate chip cookies Tea-Tomato soup and crusty roll	Dinner-Fish fingers, smileys and sweet corn with parsley sauce Pudding-Banana and custard Tea-Sausage and/or cheese rolls with crispy nibbles	Dinner-Jacket potato with selection of toppings Pudding-Artic roll Tea-Ravioli and toast
Friday	Dinner-Pizza, seasoned wedges and salad Pudding-Rice pud' with jam Tea-Crackers with choice of toppings	Dinner-Cheese and onion pie with smileys and beans Pudding-Jelly and ice cream Tea-Selection of sandwiches	Dinner-Corn beef hash Pudding-Chocolate chip cookies Tea-Pizza with side salad	Dinner-Toad in the hole, cauliflower cheese and green beans Pudding-Rice pud' with jam Tea-Selection of sandwiches

